





PARK RIDGE STATIONERS





ALL ON THE ROAD CATERING





This race was selected to be part of CARA's 2015 competitive circuit of races, named the RUNNERS' CHOICE CIRCUIT. CARA members can compete on this Circuit for year-end Overall, Age Group, Clydesdale/Athena (weight) and Club awards.

This race is a CARA CERTIFIED RACE. It has agreed to adhere to and uphold CARA's Best Practices Guidelines. These Guidelines embody the highest standards for quality, safety and comfort for participants in a road race.

Due to CARA's advocacy efforts, runners in the Chicagoland area enjoy some of the highest quality road races in the country. To view the Guidelines and to learn more about CARA, visit www.cararuns.org.

The Chicago Area Runners Association (CARA) is a non-profit organization devoted to expanding, motivating, supporting and celebrating the running community of Chicagoland. CARA connects runners to resources that enable them to run – farther, faster, better, for life.

register online

®

RUNRACE.NET/PRCC

5 SOUTH PROSPECT PARK RIDGE, IL 60068 PICKWICK THEATRE



Park Ridge Rotary Club and The Pickwick Theatre presents



SATURDAY SEPTEMBER 26, 2015

8:00 A.M.

Proceeds to:

PARK RIDGE PARK FOUNDATION PARK RIDGE ROTARY FOUNDATION

SPONSOR:



Cooperating Organizations

Benjamin A. Hasan, MD Family & Sports Medicine NCH Medical Group, Arlington Hts, IL

online registration powered by

RUNRACE.NET/PRCC

"ILLINOIS' FASTEST 5K COURSE"

32% OF THE ALL-TIME ILLINOIS AGE GROUP 5K RECORDS WERE SET ON THE CHARITY CLASSIC COURSE. (SOURCE IL T&F)

5K RACE 5K TEAM RACE 5K CORPORATE RACE

BE SURE TO MARK TEAM OR CORPORATION ON ENTRY FORM

September 26, 2015 Date:

8:00 A.M. **Start Time:**

101 Summit Avenue (one block South of Touhy: one block East of Prospect) Start Area:

USATF Certified IL-09081-JW Certification:

Before September 26 **Entry Fee:** CARA/USATF Member \$17 Non-Member \$20 CARA/USATF Member \$25 Non-Member \$25 September 26 (no refunds)

A flat, FAST, out and back course with only two right angle turns and one 180. Split times at 1 mile The Course:

Water at Start/Finish and 2 mile mark. Restrooms at Start/Finish (in the Field House). **Aid Stations:**

Paramedics and medical team at finish.

Awards Ceremony no later than 9:30 A.M. at Hinkley Field House. Awards:

First overall Male, Female (not eligible for division awards)

Age # of Awa		wards	Age	# of Awards		
	\mathbf{M}	\mathbf{F}		\mathbf{M}	\mathbf{F}	Individual results, including
0-9	3	3	45-49	3	3	runners time, overall place,
10-14	3	3	50-54	3	3	place in age group, and
15-19	3	3	55-59	3	3	average time per mile
20-24	3	3	60-64	3	3	available 15 minutes after
25-29	3	3	65-69	3	3	finish of race or at:
30-34	3	3	70-74	3	3	www.drkomputing.com
35-39	3	3	75-79	3	3	www.cararuns.org
40-44	3	3	80+	3	3	
			Total	48	48	

Team Race—Top 3 Mens Teams, Top 3 Womens Teams

Corporate Race—Top 3 Teams

Lowest combined time for the first three runners from each team

Be sure to circle team or corporation on application. No changes on race day.

On line at RUNRACE.NET/PRCC (no surcharge) **Registration:**

Mail or bring entries to: Summit Specialtees, 5 K Race, 51 Summit Ave., Park Ridge, Illinois 60068

Tuesday - Saturday 10:00 A.M. - 5 P.M., Closed Sunday and Monday.

Before September 26 CARA/USATF Member \$17 Non-Member \$20 CARA/USATF Member \$25 Non-Member \$25 September 26

No unsigned entries will be accepted. Under 18 must have signature of parent or guardian.

Directions to:

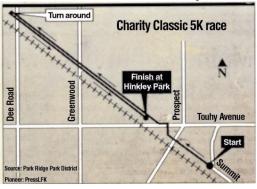
Packet Pick-up: Thursday, September 24 10:00 A.M. - 6:00 P.M. and Friday, September 25 10:00 A.M. - 6:00 P.M.

Summit Specialtees, 51 Summit Ave., Park Ridge, Illinois 60068

Race Day Registration: Race day from 6:30 A.M. to 7:30 A.M. (Pickwick Theatre)

Race Director: Dave Loomos - (847) 845-5806 or dave@pickwicktheatre.com

Read carefully and avoid calling.



Park Ridge IL 60068 (Touhy, Northwest Hwy. & Prospect) From the North: I-294 south, exit Golf Road Golf Road east to Greenwood Greenwood south to Northwest Hwy. Northwest Hwy. east to Touhy From the South: I-294 north, exit Touhy east Touly east to Northwest Hwy. 90 to Cumberland north From the East & West: Cumberland north to Touhy Touhy east to Northwest Hwy.

Pickwick Theatre, 5 S. Prospect Ave.

2015 Charity Classic Registration Form

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Make checks payable to: PARK RIDGE ROTARY CLUB

Entry Fee: (no refunds)

PORTION HERE

E

E-mail:

Before September 26

September 26

CARA/USATF Member \$17 CARA/USATF Member \$25 Non-Member \$20 Non-Member \$25

Mail or bring to:

Summit Specialtees - 5K Race

online registration powered by

Date:

51 Summit Ave.

Park Ridge, Illinois 60068

RUNRACE.NET/PRCC

Baby strollers, bicycles, in-line skates, roller skates, scooters, other wheeled vehicles (except wheelchairs), and dogs are NOT ALLOWED on the course, will

-	mowed tino	ugii the innsi	i ciiutes,	and wi	I not oc	included in i	csuits.
ENTRY FOR	RM: Plea	se Print Clear	·ly				
First Name			MI _	Last Name			
Address							-
City					State	Zip	Sex: M / F
Home			Date of Birth				Age on Race Day
Work Phone			CARA	or USATF N	lumber		
Circle One:	Team	Corporation	n				
Name:			NO CHAI	NGES O	I RACE I	DAY —	
Shirt Size:	☐ Small	□ Ме	dium		e	☐ X-Large	
for first 65	60 registered	runners			5K Pers	onal Record _	
WAIVER	Park Ridge Rotary,	Park Ridge Park Distri	ct, City of Park	k Ridge, Cook event, their re	County, State presentatives	of Illinois, Chicago Ar	ll claims I may have for damages against ea Runners Association, USA Track and Field gns for any and all injuries suffered

(Parent's Signature if under age 18)